

# THE RETREAT

Come to the waters this Advent for a special retreat weekend allowing sacred space and time to explore the SEVEN MANSIONS OF TERESA OF AVILA's Interior Castle.

Teresa is one of Christianity's great mystics and teachers. The Interior Castle is her final work and one of the most profound literary works on the contemplative dimension and experiential mysticism.

Prayer stood at the center of Teresa's teaching. Her fidelity to prayer was a means of deepening her intimate relationship and companionship with God. She considered a life of prayer in terms of love.

Together we will reflect on the light of Teresa's timeless insights into the human soul, its journey toward God, and how Teresa's teaching is relevant to our personal contemporary spiritual journey today.

This retreat includes presentations, small group process with periods of Centering Prayer, reflection and silence.

## SUGGESTED READING

### *THE INTERIOR CASTLE*

From the Collected Works of Teresa, Vol. II,  
Translation by Kavanaugh & Rodriguez

NOTE: Some participants found reading *The Interior Castle* was most helpful after attending the conference.

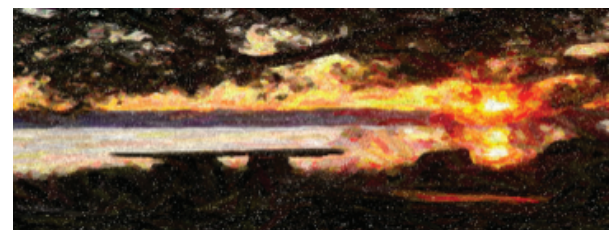


## PRESENTER SUSAN KOMIS

Susan has been associated with Contemplative Outreach, Ltd. since 1990. She currently serves as Director of Chapter Programs & Services (CPS) which supports the leadership of Contemplative Outreach by offering formation programs, mentoring, and providing on-site visitations to Chapters throughout the Contemplative Outreach spiritual network. She is a Pastoral Minister and has been active in spiritual direction and interspiritual dialogue. The Interior Castle is one of her favorite topics in the contemplative dimension and she has offered this weekend event throughout the United States and Canada. Susan resides in a suburb of St. Louis, Missouri, is married and the mother of adult children and grandchildren!

“It is a great advantage for us to be able to consult someone who knows us, so we may learn to know ourselves.”

- Teresa of Ávila, Interior Castle



## LOCATION CAMP BECKWITH

A bay-side retreat set on 82 acres of tall pines and landscaped open space on Weeks Bay (Fairhope, Alabama). This Advent, come to the waters! Come BE! Come Pray! Come Listen! Come walk the trails! Come walk the labyrinth! Come away! Only 45 minutes from Mobile, AL and one hour from Pensacola, FL.

[www.campbeckwith.org](http://www.campbeckwith.org)

# REGISTER ONLINE

1 Register and Pay Online by Credit Card by  
visiting the website below:  
[www.centeringprayernwf.com](http://www.centeringprayernwf.com)

# REGISTER BY MAIL

2 Pay by check or complete this form, then  
mail with check to:  
CONWF  
c/o 612 Silvershore Drive  
Pensacola, FL 32507

Name (for name tag) .....

E-Mail .....

Address .....

City State Zip .....

Phone .....

Special Needs (dietary or physical limitations) .....

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Single Room \$280 .....

Double Room \$240 .....

Roommate: .....

Non-Refundable Deposit of \$65 due May 15th  
Balance of payment due October 15th  
\*Register early – 30 rooms

*\*Full payment with registration preferred*

For more information contact:

**CONWF@cox.net**  
or call **850-572-0967**

*(Limited scholarships available)*

# RETREAT SCHEDULE

## ENTERING THE SEVEN MANSIONS OF THE INTERIOR CASTLE

### FRIDAY, DECEMBER 11th

3-5 PM Check-In  
6 PM Dinner  
7 PM Introduction: Teresa & Her Life  
(Retire in Silence)

### SATURDAY, DECEMBER 12th

Multiple Periods of Centering Prayer  
Explore Mansions 1 - 5  
Wisdom Circles  
Silence and Reflection  
Questions & Answers

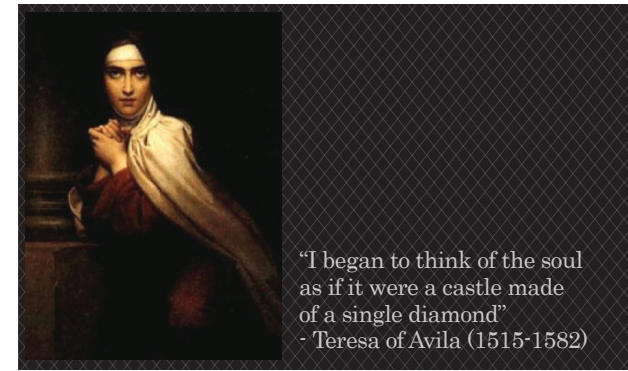
### SUNDAY, DECEMBER 13th

Liturgy  
Centering Payer  
Conferences Mansions 6 - 7  
12:30 PM Departure

*Cost includes two nights lodging, five meals  
through breakfast Sunday and retreat fee.*

### CANCELLATION POLICY

Registration fee of \$65 is non-refundable.  
If paid in full, cancellation less \$65 will be given until  
Nov 1st. No refunds can be given after that date.



# Seven Mansions of the Interior Castle Retreat

DECEMBER 11-13TH, 2015

CAMP BECKWITH CONFERENCE CENTER  
FAIRHOPE, ALABAMA

